



Twin Creeks  
Country Club

2012

# SUMMER CAMPS AND PROGRAMS

## Elementary School Programs (Ages 5 - 12)

Golf, Magic Camp, Hip Hop, Cooking Camp, Swimming, Lego Camp, Fitness Camp, Tumbling and Cheer Camp, Art Camp and Camp Twin Creeks

## Teen Programs (Ages 12 and up)

Golf, Fitness Camp, Swimming, Cooking Camp, Magic Camp, Lego Camp, Tumbling & Cheer Camp and Art Camp

Twin Creeks Country Club • 3201 Twin Creeks Club Drive • Cedar Park, Texas 78613  
phone 512.331.5900 • fax 512.331.5565 • [www.twincreeksclub.com](http://www.twincreeksclub.com)



The Dominion  Golf Group

River Place • Onion Creek • The Dominion • Twin Creeks • Lantana • Bridlewood

# CAMP TWIN CREEKS

**Ages 5-10**

*(must be 5 by their first day of camp)*

## FULL DAY CAMP

**Monday- Friday 8:00am to 4:00pm**

*Offering 10 weekly sessions from June 11th - August 13*

**Members** \$225 per week  
(second child during the same week of camp: \$175)

**Sponsored Guests** \$275 per week  
(second child during the same week of camp: \$225)

## HALF DAY CAMPS

**Monday-Friday**

**Morning Session**

8:00am - 12:30pm *(includes lunch)*

\$130 for Members \$160 for Sponsored Guests

**Afternoon Session**

12:00pm - 4:00pm *(includes lunch)*

\$130 for Members \$160 for Sponsored Guests

## Highlights

Camp Twin Creeks is all about fun and learning! Activities throughout the week will include: Golf, Swimming, Games, Fitness Fun, Cooking, Arts and Crafts, and more! Daily drinks, snacks, and lunch are included for each day of camp. Children may bring their own golf clubs, however these can also be provided by Twin Creeks. Each child should bring a backpack with swimsuit, towel, sunscreen, sunglasses and a hat. Kids should come ready in play clothes and sneakers!

*\*Aftercare will be available until 5pm at Kid's Corner rates (Tuesday-Friday only). Please call ahead to make reservations.*



## Get Strong With Forward Motion

Join your friends, teammates and competitors get in to get in varsity shape this summer with the Strength: Power: Speed: Confidence Camp by Forward Motion. This unique program focuses on movement training, linear and lateral speed, foot speed and agility development, power and functional strength training, and injury reduction through proper movement and weight training techniques. Learn and train in groups of athletes your own age. Forward Motion trainers closely supervise the intense workout in an encouraging environment where attention is always paid to proper technique and safety.

To join us, sign up at

<http://www.forwardmotiontx.com/summer>

## Program Highlights

You'll learn the proper technique to move efficiently, develop strength and power, and avoid injury. The program starts with the basics. The groups are small so that each athlete can receive individual attention. Once basic techniques are mastered, the group progresses to more advanced exercises.

- *Gain Speed and Control* - Acceleration, Deceleration, Linear and Lateral Movement, Footwork, Running Mechanics
- *Build Power* - Kettle Ballistics, Plyometrics, Medicine Ball, Jumping & Landing Techniques
- *Increases Flexibility* - Foam Rolling, Stretching, Muscle Activation
- *Stay Healthy* - Identify & Correct Muscular Imbalances, Balance & Stabilization
- *Learn Nutrition* - Lessons, Tips and Advice

## Session Times & Pricing Information

**June 11-August 17**

**High School:** Monday - Thursday 8:00 to 9:30am

**Junior High:** Monday - Thursday 9:00 to 10:00am **OR**  
Tuesday and Thursday 9:00 to 10:00am

4 days per week: 2 weeks - \$150

4 weeks - \$240

10 weeks - \$500

Junior High 2 days per week: 2 weeks - \$75

4 weeks - \$120

10 weeks - \$250

# GOLF PROGRAMS

## JUNIOR GOLF CAMP

### Ages 5 - 9

#### Dates

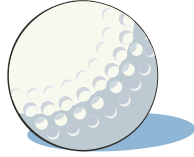
June 11 - June 14

July 16 - July 19

### Ages 10 and up

June 18 - 21

July 23 - 26



### Highlights

Join us at Twin Creeks for our Summer Golf Camp sessions. Junior will be taught golf in a fun and exciting environment. The camp will also feature SNAG® Golf (Starting New At Golf) Equipment. SNAG® contains all the elements of golf but in a modified form. Falling somewhere between miniature golf and regulation golf, SNAG® allows for full shots, pitching, chipping, and putting. It is a proven learning & training tool for entry level golfers. Drinks and snacks will be provided. Games and skills contests will be held each day to challenge the campers on their new found knowledge and skill sets.

**Day 1: Introduction to putting and putting games**

**Day 2: Introduction to chipping and pitching**

**Day 3: Introduction to full swing and golf etiquette**

**Day 4: Introduction to golf course and play golf**

**Golf Members \$125**

**Non-Golf Member \$175**

**Sponsored Guests \$225**



## CLINICS

### Beginner Golf Clinics

**Open to Boys and Girls ages 5 - 11**

**Tuesday** 4:00pm to 5:00pm

**Thursday** 4:00pm to 5:00pm

**Saturday** 10:30am to 11:30am

#### Cost:

\$15 per clinic for Golf Members

\$20 per clinic for Non-Golf Members

\$50 per month for one clinic a week for Golf Members

\$65 per month for one clinic a week for Non-Golf Members

\$90 unlimited clinics for Golf Members

\$125 unlimited clinics for Non-Golf Members

### Intermediate~Advanced Lessons

**Open to Boys and Girls ages 9 - 11**

**Wednesday** 4:00pm to 5:00pm

#### Cost:

\$15 per clinic for Golf Members

\$20 per clinic for Non-Golf Members

### Girls Advanced Golf Clinic

**Open to Girls ages 9 - 12**

**Saturday** 9:30am to 12:30pm

#### Cost:

\$20 per clinic for Golf Members

\$25 per clinic for Non-Golf Members



### Boys Advanced Junior Golf Program

**\*Must pass skills assessment before entering program\***

**Open to Boys ages 10 and up**

**Wednesday** 5:00pm to 6:00pm

**Thursday** 5:00pm to 6:00pm

**Saturday** 11:30am to 12:30am

**Golf Members \$125 monthly**

**Non-Golf Member \$150 monthly**

*Cost includes: 1 weekly clinic, 1 9-hole playing lesson plus Team Golf Membership*

**Golf Members \$175 monthly**

**Non-Golf Member \$200 monthly**

*Cost includes: 2 weekly clinics, 2 9-hole playing lessons plus Team Golf Membership*

For more information on any of the junior clinics listed above, please contact Jeff Ronquillo in the golf shop at 512.331.2752.

# TENNIS PROGRAMS

## JUNIOR TENNIS CAMPS

**Ages 5-8, 8-12**

**Monday- Thursday 8:30am-11:30am**

### Dates

6 sessions:

June 4-7

June 11-14

June 18- 21

July 9-12

July 16-19

July 30- August 2



### 5-8 years old

8:30am Tennis

10:00am Snack Break

10:15am Tennis Games on Court

11:30am Tennis Camp Ends

### 8-12 years old

8:30am Tennis Advanced

10:00am Snack Break

10:15am Tennis Games & Match play

11:30am Tennis Camp Ends

### Pricing:

Golf & Sport Members \$135 per week, \$40 per day

Fitness Members: \$155 per week, \$45 per day

Sponsored Guests: \$175 per week, \$50 per day

(15% sibling discount)

### Highlights:

Camp includes group tennis instruction by our certified Tennis Pro staff. We will develop the children's game and knowledge of basic rules, scoring, and sportsmanship by working on fun, competitive games and numerous drills. Snacks are included.

\*After care options include ½ day Sports Camp, Kids Place, afternoon specialty camps, or private swim lessons. Private tennis lessons can be scheduled individually with a Tennis Pro Staff Member. Contact the Tennis Pro Shop for more information at 512-346-5879.

## JUNIOR TENNIS CLINICS

**Ages 5 and up**

### Dates

(3) One week Sessions:

June 25 -28

July 23- 26

August 13-16

### Monday -Thursday

**Quickstart** Ages 5-6 9:00am to 10:00am

**Beginner** Ages 7-9 9:00am to 10:00am

**Pre-Academy** Ages 10 & up 10:00am to 11:00am

### Pricing:

Golf & Sport Members \$50 per week, \$25 per day

Fitness Members \$60 per week, \$35 per day

Sponsored Guests \$65 per week, \$40 per day

(15% sibling discount)

## TC Tennis Academy

**Monday-Wednesday 11:00am to 12:30pm**

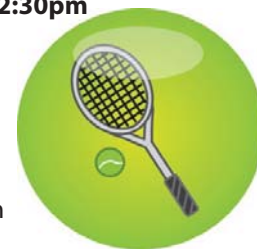
**June 4-August 8**

### Pricing:

2 days per week - \$275 per month

3 days per week - \$375 per month

Drop in rate/Daily rate- \$45 per session



This program is designed for those who are, or soon to be, involved in the middle school and high school level tennis teams. Workouts are designed to teach players how to use their strengths, shore up weaknesses, and play smart tennis.

Class placement is at the Pro's discretion.



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## MUSIC LESSONS

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**Piano, Voice, Guitar and Violin Lessons are offered here at Twin Creeks Country Club through Albertson School of Music.**

Albertson Music makes it easy for students to develop their musical interests. By making the lessons fun and focusing on each student's desires and abilities. With lesson times available during the day (for adults, home schoolers and pre-schoolers), after school, in the evenings, and on weekends, they can find a time that is convenient for you. Contact them to see how easy it is to bring more music into your life!

512.349.0090 [www.albertsonmusic.com](http://www.albertsonmusic.com)  
 lessoninfo@albertsonmusic.com

## Engineering FUNdamentals Lego Camp

**Pre-Engineering with LEGO Ages 5-8**

**Monday-Friday**

**June 11-15** 9:00am to 12:00pm

**July 23-27** 9:00am to 12:00pm

Members \$150

Sponsored Guest \$165

Let your imagination run wild with over 100,000 pieces of LEGO®! Build engineer designed projects such as boats, bridges, mazes, and motorized cars. Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor.

**Engineering FUNdamentals with LEGO® Ages 9-12**

**Monday-Friday**

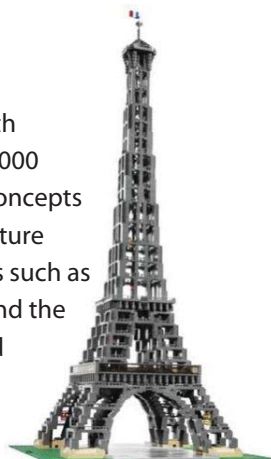
**June 11-15** 1:00pm to 4:00pm

**July 23-27** 1:00pm to 4:00pm

Members \$150

Sponsored Guest \$165

Power up your engineering skills with Play-Well TEKnologies and over 100,000 pieces of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, motorized gondolas, and the Battletrack! Challenging for new and returning students.



## Cheer Bliss Cheerleading & Tumbling Camp Beginner Cheer Camp

**June 11-14**

**July 16-19**

9:30am to 11:30am

Members \$150

Sponsored Guest \$165

Calling all Cheerleaders to Cheer Bliss camp! Join us for four fun-filled days of cheer, tumbling, crafts and games. Campers age 5-8 will break out into age appropriate groups to learn core cheerleading skills taught through energetic cheers, motions and jump exercises along with exciting games and crafts! Girls will receive a Cheer Bliss ribbon at the completion of the camp.



## Advanced Cheer Camp

**June 11-14**

**July 16-19**

12:00pm to 2:00pm

Members \$150

Sponsored Guest \$165

Sign up for four fun-filled days of advanced cheer & tumbling, fun games and crafts. Campers age 8-12 will break out into groups to learn advanced cheerleading skills including tumbling, jumps and stunts! Cheer Bliss ribbon at the completion of the camp.



**Ability:** Camps are designed for beginners to intermediate cheerleaders. Skills are developed through skill-building exercises and games. Limited prior experience is helpful for Advanced Cheer and a desire to learn more about cheerleading as a sport is a plus.

**What to Bring:** Campers should have hair pulled back and wear a comfortable shirt, shorts or skirt, with running shoes. Please bring a snack and a full water bottle each day.

**Safety & Policy:** All campers must complete a general liability release form and all fees are non-refundable.

Please visit [www.CheerBliss.com](http://www.CheerBliss.com) for more information on Summer Camps, Private Lessons and Class Registration! Cheer Bliss is a proud sponsor of Four Points Pop Warner and VHS Viperpalooza.

## HIP-HOP CAMP

Tuesday - Friday 9:30am to 10:30am

June 19-22

August 14-17

Members: \$100

Sponsored Guests: \$150

If you love dance, you will definitely love this camp!! Fun dance choreography, to familiar dance moves and songs from popular artists.

\* Please come prepared with hair pulled back and dressed in comfortable shorts and shirts with tennis shoes (no denim material please).



## COOKING CAMP

Tuesday-Friday 10:30am to 11:30am

July 10 - 13

August 7 - 10

Ages 7-11

Members: \$50

Sponsored Guests: \$65



**Highlights:** How about cooking up some fun this summer with Chef Kevin? Each day the kids will enjoy a new cooking project with hands-on instruction. They will prep the food, create the featured item(s), enjoy their creations and get to take home the recipes!

## MAGIC CAMP

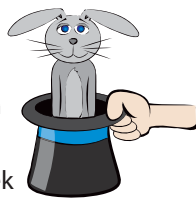
Ages 7 - 13

July 16-20 10:00am to 11:30am

Members: \$145 per week

Sponsored Guests: \$160 per week

**Highlights:** Students will have fun laughing and learning magic! After learning and practicing many well guarded secrets, students will amaze their family and friends with their clever slight of hand. Students learn not only the art behind performing magic, but also develop confidence and learn how to perform in front of others. The number of sessions is limited, each with only a small group of students, so these classes will fill up quickly!



## ART CAMP

Members: \$169 per week

Sponsored Guest: \$184 per week

## Splash 'N Splat Art Camp

Grades (based on 2012-13 grade level) K-5th

June 25 - 28 1:00pm to 4:00pm

**Course Description:** Beat the heat this year in Abrakadoodle Art Camp and surf with us on a summer wave of FUN! This camp transports us to a tropical paradise where we'll create a variety of beach and water-themed artwork to keep us cool! This salute to summer vacation includes a boatload of FUN art and creativity projects. Come and catch our wave this summer--Kowabunga, Dude!

## 3-D Studio I

Grades (based on 2012-13 grade level) K-5th

July 30 - Aug 2 1:00pm to 4:00pm

**Course Description:** Go 3-D this summer! We'll learn the fine art of Origami and paper sculpting, play with modeling clay, foam, and other fun modeling compounds in this Super-Duper Sculpting Camp. All things 3-D are covered as we learn about sculptors from the Greeks to Rodin and beyond. Discover the third dimension during a creative journey with Abrakadoodle in this fun camp!

## Presto Arto!

Grades (based on 2012-13 grade level) K-5th

Aug 13 - 16 1:00pm to 4:00pm

**Course Description:** Do you believe in FUN? Then you'll love our concoction of artfully creative, inspiring projects and games in this special camp! Mix up a unique color and make it bubble; create a rabbit then make it disappear; use special paper and PRESTO! Our artwork magically re-appears! Abrakadoodle makes camp magical! Oooh, did that portrait's eyes just move?!

# TWIN CREEK TWISTERS SWIM TEAM

**Ages 5 and up**

**Registration Fees:**

**Members:**

\$160 for the first swimmer, \$150 for each add'l swimmer

**Sponsored Guests:**

\$170 for the first swimmer, \$160 for each add'l swimmer

*\*Fees include meet registration, coaching, league fees, insurance, ribbons, trophies, photos, supplies, swim cap, swim bag, team t-shirt and the DJ for the end of the year party. Fees do not include swimsuits.*

Twisters is Twin Creeks' Summer League Swim Team. It is a two-month program (May/June) that gives kids the opportunity to compete in a fun, team-oriented environment against other swim clubs in the area. We'll compete in home and away meets on Saturdays and host special parties at the club for the swim team. To be eligible, kids must be able to swim one length of the pool without assistance.

**Registration:** <http://twisters.swimtopia.com> or Sunday, April 29th 6:00pm to 8:00pm

## PRACTICE SCHEDULE

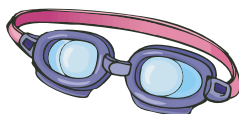
- March 19th - April 27th:** Twister Tune-Up  
4:00pm to 5:00pm Mon.-Thurs.
- April 30th - May 31st:** After School Practice Times  
4:00pm to 7:00pm
- June 4th - June 29th:** Morning Practice Times  
8:00am to 11:00am

Each age group will have practice daily, which allows flexibility in attendance due to conflicts with other sports, extracurricular activities or school. Children may be moved to a different group due to skill and size of practice. The final practice schedule is dependent upon actual numbers of swimmers in each age group. Swimmers will be placed into summer practice groups based not only on age, but also by skills observed during after school practice during the month of May. Our goal is to have an appropriate number in each group to allow for effective coaching as well as swimmer safety.

## MEET SCHEDULE:

- May 26th
- June 2nd
- June 9th
- June 16th
- June 23rd
- June 30th

<http://twisters.swimtopia.com>



# SWIM LESSONS

## Private Swim Lessons:

*Ages 3 & up*

30 minute private lessons are available and are scheduled through your swimming instructor.

**Members: \$35 per lesson or a package of 4 lessons for \$125**



## Level 1: Newts : 30 minute private instruction

Begin basic water exploration, blowing bubbles. Goal is for child to become comfortable in the water.

## Group Swim Lessons:

*Ages 3 & up*

Session 1: June 12-22, Tues-Fri (eight 30-min. lessons)

Session 2: July 10-20, Tues-Fri (eight 30-min lessons)

Session 3: August 7-17, Tues-Fri (eight 30-min lessons)

**Members: \$90 per session**

## Level 2: Salamanders: 30 minute class 11:15am to 11:45am

Learn fundamental basics of swimming with assisted floating and forward movement. Must be able to comfortably put face in water.

## Level 3: Tadpoles: 30 minute class 12:00pm to 12:30pm

Focus of class is to develop skills to swim the length of the pool. Refinement of freestyle, backstroke, and breaststroke techniques will be addressed.

## Level 4: Frogs: 30 minute class 12:45pm to 1:15pm

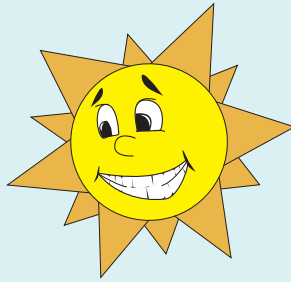
Must be able to swim pool length using freestyle and breaststroke. Coordinate skills for all 4 competitive strokes.



# Summer Camp Weekly Overview

## Week 1: June 11-15

- Twin Creeks Camp
- Cheer Bliss Camp
- Lego Camp
- Golf Camp



## Week 2: June 18-22

- Camp Twin Creeks
- Golf Camp

## Week 3: June 25-29

- Camp Twin Creeks
- Art Camps

## Week 4: July 2- July 6

- Camp Twin Creeks

## Week 5: July 9-13

- Camp Twin Creeks
- Cooking Camp

## Week 6: July 16-20

- Camp Twin Creeks
- Golf Camp

## Week 7: July 23-27

- Camp Twin Creeks
- Golf Camp
- Lego Camp

## Week 8: July 30-August 3

- Camp Twin Creeks
- Art Camp

## Week 9: August 6-10

- Camp Twin Creeks
- Cooking Camp

## Week 10: August 13-17

- Camp Twin Creeks
- Art Camp

## Week 10: August 13-17

- Camp Twin Creeks
- Art Camp

\*Clinics and Swim Lessons Not Listed

**June**

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**July**

S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**August**

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# Clubhouse Phone Numbers

- Clubhouse ..... 512.331.5900
- Clubhouse Fax ..... 512.331.5565
- Twin Creeks Golf Shop ..... 512.331.2752

For more information on Twin Creeks Summer Camps, please call Jenny at 512.331.5900

For more information on Golf Camps or Clinics, please call 512.331.2752 or email Jeff at [jronquillo@twincreeksclub.com](mailto:jronquillo@twincreeksclub.com)

