



Twin Creeks Martial Arts Program

Ages 6 & Up

3201 Twin Creeks Club Drive Cedar Park, TX 78623 | (512) 331-5900



Date _____ Twin Creeks Member ID Number _____
 Student's Name _____ Age _____ Birth Date _____
 Student's Name _____ Age _____ Birth Date _____
 Student's Name _____ Age _____ Birth Date _____
 Address _____ Email _____
 City _____ State _____ Zip Code _____ Uniform Size (see chart) _____
 Home Phone _____ Work Phone _____ Cell Phone _____
 If Student is under 18: Mother's Name _____ Father's Name _____

In consideration for my attendance and participation in the martial arts training offered at Twin Creeks Country Club, I, the student/parent, acknowledge the existence of certain inherent risks in this type of training and hereby agree to assume all risks. I further relieve Twin Creeks Country Club, its management, assigned staff and fellow students from any liability resulting from loss, whether personal belongings or bodily injury. I also hereby state, that myself or my child is physically fit to take the prescribed course of instruction and do so of my own free will.

Signature _____ Date _____

What specifically would you like to accomplish in our martial arts program?

Does the student have any medical conditions which might hinder their training?

Class Schedule [All Year]

Thursday Class

(Class will take place in the FAC Aerobics Room)

<u>Youth</u> <small>(Ages 6-12)</small> 5:00-5:45 PM	<u>Teens & Adults</u> <small>(Ages 13 & above)</small> 5:45-6:30 PM
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Size	Height	Weight
000	4' - 4'3" (Child Size 8-10)	40-60 lbs.
00	4'4" - 4'5" (Child Size 10-12)	60-85 lbs.
0	4'6" - 4'8" (Child Size 12-14)	85-100 lbs.
1	4'9" - 5'1"	100-125 lbs.
2	5'2" - 5'5"	125-150 lbs.
3	5'6" - 5'10"	150-185 lbs.

Monthly tuition billed to Member's account or cc:

- 1 Class per week \$80 per attendee.
- Non-Member: 1 Class per week \$99 per attendee.
- Other fees payable to instructor: \$30 Uniform

Daniel Carroll is a former Special Education teacher and has been teaching traditional martial arts as well as intensive, practical, self-defense courses since 1994. Daniel began studying the Burmese art of Bando in 1980 at the age of eight. He currently holds a 6th level black belt with the EWMAA, and is a 4 time National Champion of the American Bando Association. Along with his continued teaching and training in Thai/Lethwei – (Burmese Boxing/Kickboxing), Bando Empty Hand Self-defense & Animal Systems Forms, Banshay (Weaponed Hand) skills, and the Naban grappling systems, Dan has helped train students from around the globe, most recently in Grenoble, France in 2016. Besides his training in Thai/Bando, he also has training and teaching experience in Jiu- Jit-su, Tai Chi, and Tae Kwon Do.

Mr. Dan Carroll (Instructor) ~ One World Karate~ 1wkaustin@gmail.com~ www.1worldkarate.com